



AGENDA Scottish Forum on Social Isolation and Loneliness
Tuesday 16 June 2026 13:00 – 15:00 on Zoom

13:00 Introductions and updates

Welcome from Susan Hunter, CEO of Befriending Networks and co-chair of the Scottish Forum on Isolation and Loneliness

13:10 Keynote Panel – Chaired by Paul Okroj

Post-Election Reflections - how should the Forum engage the new Scottish Government and Scottish Parliament on addressing social isolation and loneliness over the next 5 years?

- Amy Callaghan, Chest Heart and Stroke Scotland, Strategic Political Advisor
- David Maxwell, Volunteer Glasgow, CEO
- Sarah Latto, Voluntary Health Scotland, Policy Officer
- Adam Stachura, Age Scotland, Director of Policy, Comms and External Affairs (tbc)

Followed with Q&A with Forum Members

14:00 Comfort Break

14:10 Presentation

Loneliness Awareness Week – Hannah Beatrice, Marmalade Trust (TBC)

14:30 Discussion Groups

From all that has been considered in today's Forum, what action or actions will you take forward to address social isolation and loneliness?

14:45 Facilitated Feedback from Breakout Rooms (Susan Hunter)

14:50 Member Input: COPE Scotland (Hilda Campbell)

14:55 Close and thank you (Susan Hunter)

Date of Next Forum: Wednesday 16 September 2026, focus on Youth Loneliness

Agenda Subject to Change.

This forum is coordinated by:

